



drosos (...)

Medecins du Monde: “Project on improvement of access to mental health service for most-at-risk populations in Greater Cairo & Giza 2014-6”

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MdM on the Grounds:



- **MdM has set the record for the years 2014-16:**

1. The work plan included an outreach program for NGOs, Primary Health Care Centers (PHCCs) and some specialized psychiatrists in the field.
2. **Starting with the PHCs staff:**
3. **Received a training for about:** 2 months (November 2015-Jan 2016); on the main mental illnesses, disorders & kinds of treatments.
4. **Number of participants:** Divided into main 4 groups: Doctors:59, Nurses: 42, Social Workers:33,Others/administrators: 24.
5. **The Feedback rounded over:** satisfaction upon the learnt skills of mental diagnosis, handling mental disorders & giving psycho-social support with over 50 % of the attendees satisfied.
6. **The Challenges were:** the lack of knowledge in the field, the uncertainty about the future work plan & the lack of interests for some.



MdM on the Grounds:

- 1. The PHCCs Received total number of follow up visits:** more than 10 visits from the time period of (February-April 2016); for launching, refreshing and following up on the PHCCs post-training period.
- 2. The challenges are:** some of the PHCCs feared the start, some do not have enough preparation/organization or in need of regular intense follow up by a consultant, some others were not well-oriented over the objectives of the project (lack of passion).
- 3. Total number of cases arrived at each PHC between (March-April):** found in the coming table:

MdM on the Grounds:

Name of PHCCs	Cases counseled by PHCs	Medical consultations by MdM	Giving Advice by MdM
• ElHaggana	2 cases on day of launching the service (31-3-2016)	2 cases (child with behavioral disorder, an adult claiming MH issue)	0
• ElKalaa	2 cases	0	0
• Aboulsoud	8 cases	1 case (worker with a mental disorder)	1 case (complicated case of depression)
• Eltonsy ElAdeem	NA	0	0
• Eltonsy El Hadary	NA	0	0
• Haram city	10 cases	0	1 case (wife having trouble with an addictive husband)
• Boulaq ElDakror	10 cases	0	2 cases (daughter having trouble with her family, child with mood disorder)
• Gharb El Matar	NA	0	0
• Elhossary	12 cases	1 case (wife having troubles her husband & 2 daughters)	1 case (dementia case)
Total:	44 cases	4 cases	5 cases

MdM on the Grounds:



- **On the NGOs side:**
- **5 NGOs partners:** (Basmat Amal, AlShehab, Banaty, CEWLA & recently left Caritas).
- **The challenges are:** the high turnover of the staff, the need for more intense support & follow up visits, and the surrounding environment.
- **The number of activities recorded with NGOs: (CBT, IEC, others):** found in the coming table (keep in mind the start was by the end of 2014 & recently recorded the activities of the beginning of the year 2016)

MdM on the Grounds:



The working year	Participants	Topics discussed	Beneficiaries	Feedback
2014	134 trainees over 17 training (8 for IEC & 9 for capacity building). A conversion rate: 1:8, each training benefited not less than 8 trainees effectively.	With a conversion rate upon the diversity of the topics discussed; 1:2. Averaged for every 1 topic took 2 sessions to cover it.	1:3 cases benefited for each staff trainee. Out of each trainee we benefited 3 cases.	A positive feedback averaged upon the monthly NGOs reports with at least 20 %.
2015	86 trainees attended a number of 11 (3 IEC & 8 for capacity building) activities. A conversion rate: 1:8, each training benefited not less than 8	7 topics were discussed. 1:1 conversion rate, averaged 1 session for each topic discussed	By Mid-2015 we reached out 1000 case. Conversion rate: each trainee benefited not less than 12 cases.	At least 45 % of positive feedback was received by the NGOs.